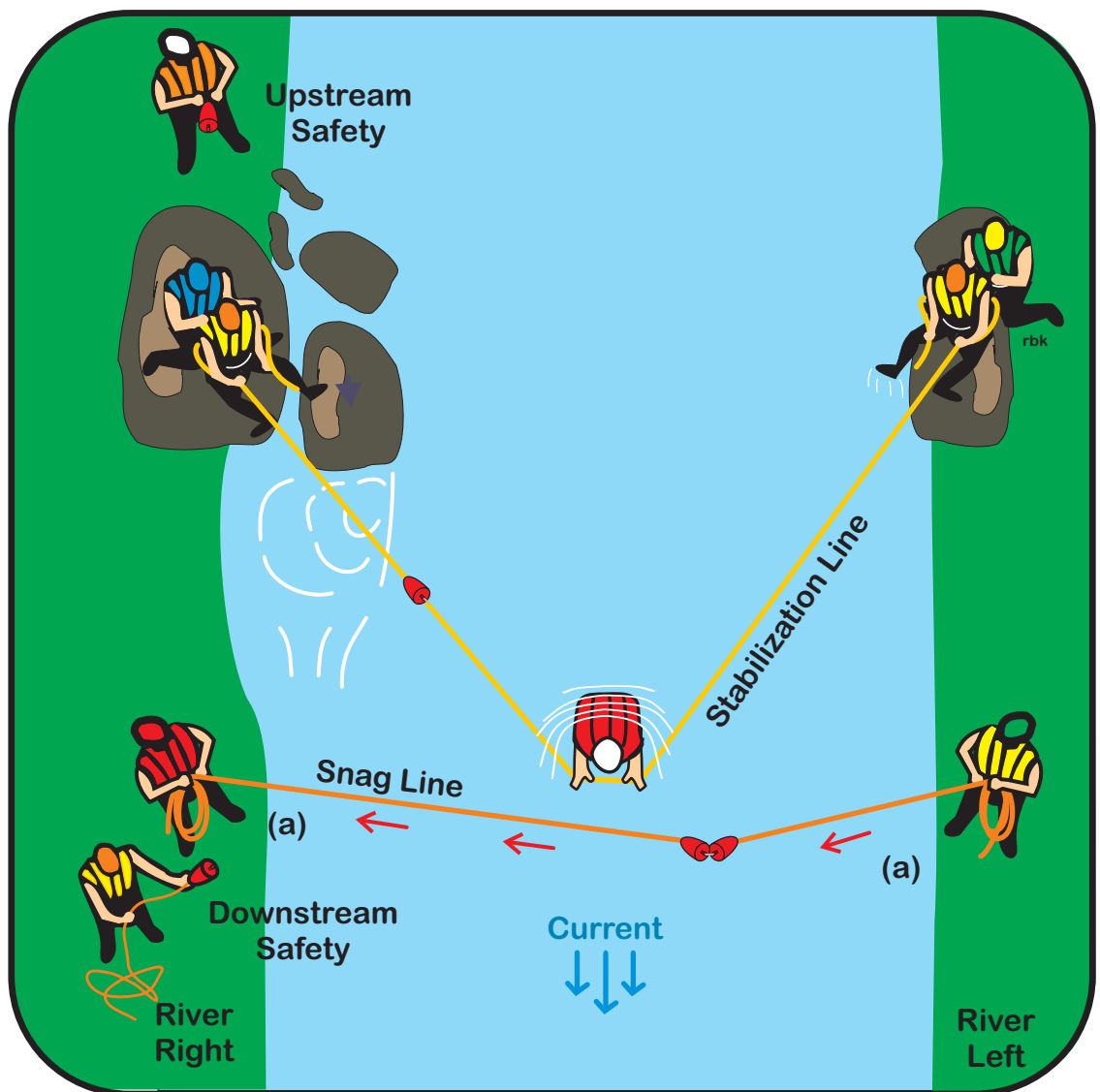
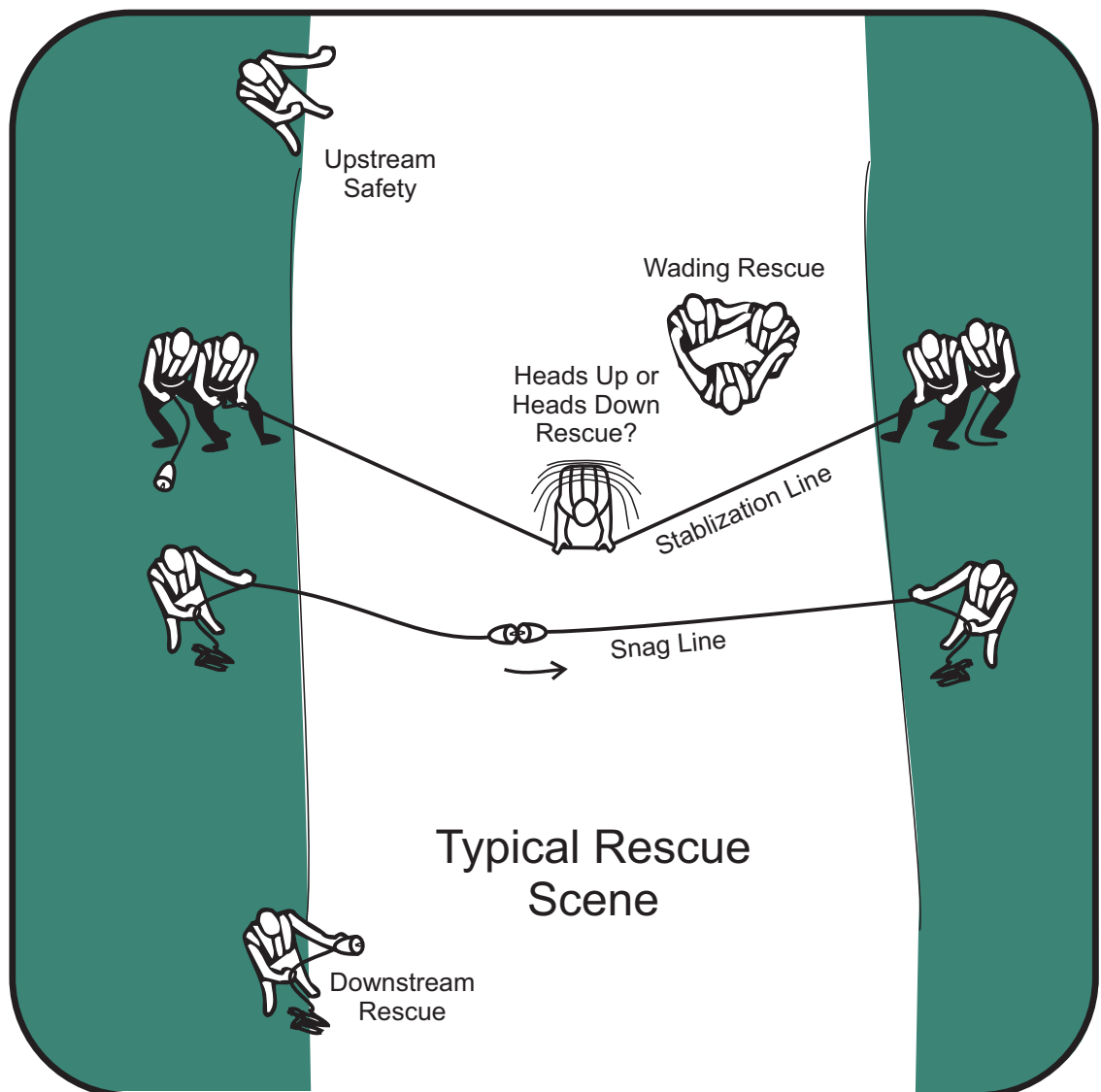


Swiftwater Rescue Course Manual



Swiftwater Rescue Course

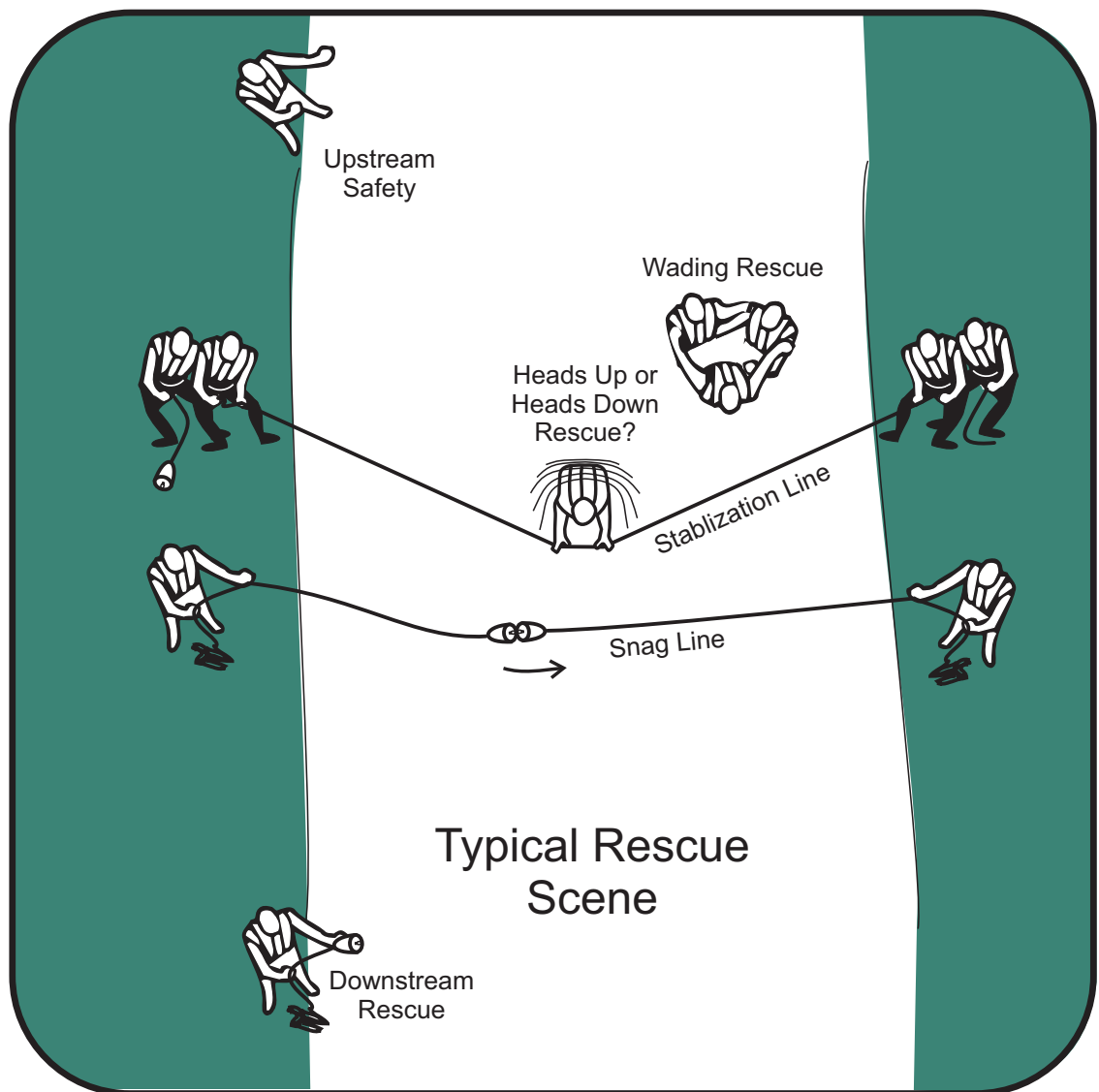
Fall 2018



Swiftwater Rescue



Swiftwater Rescue Course



RECR 380

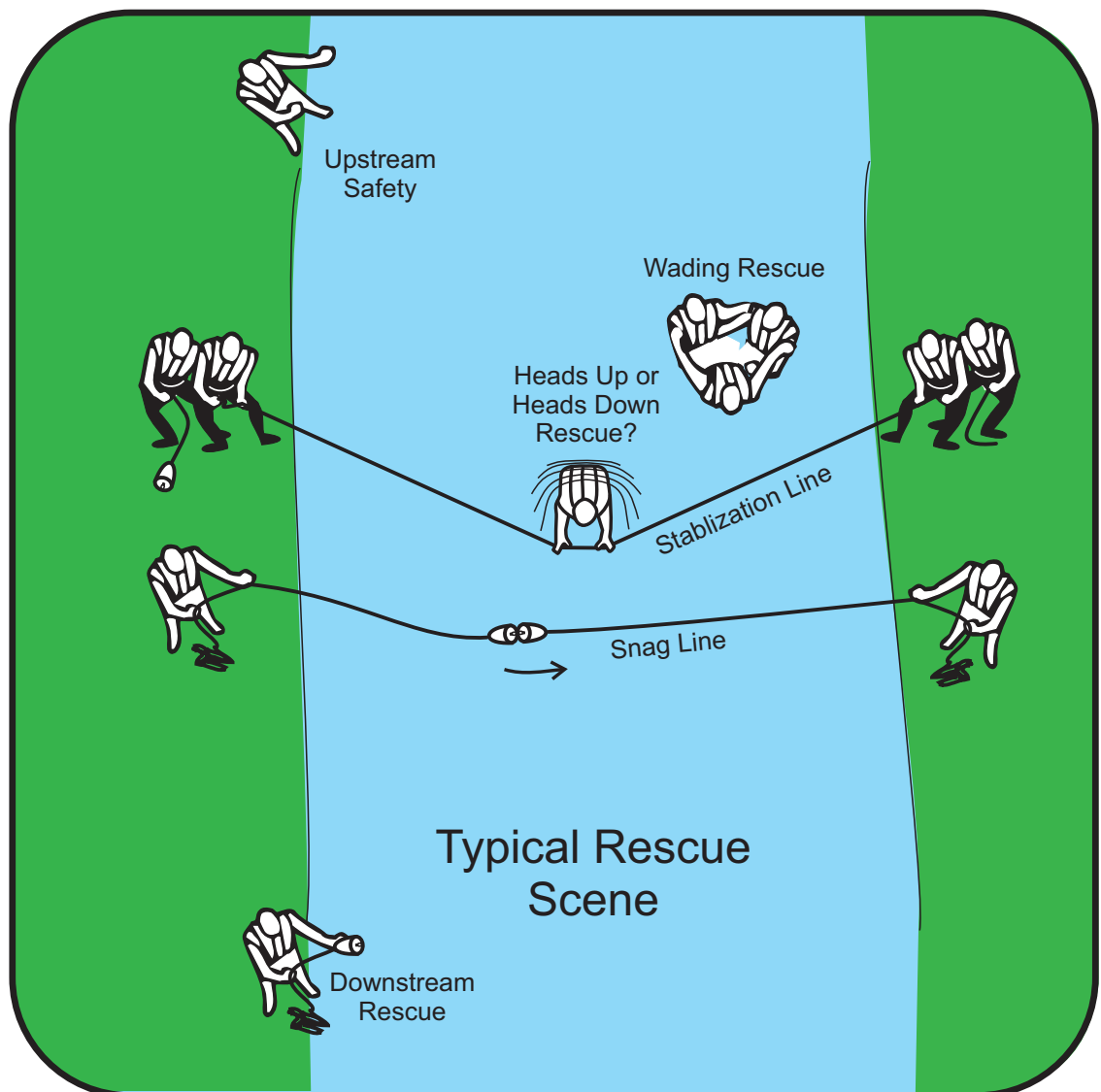
Swiftwater Rescue

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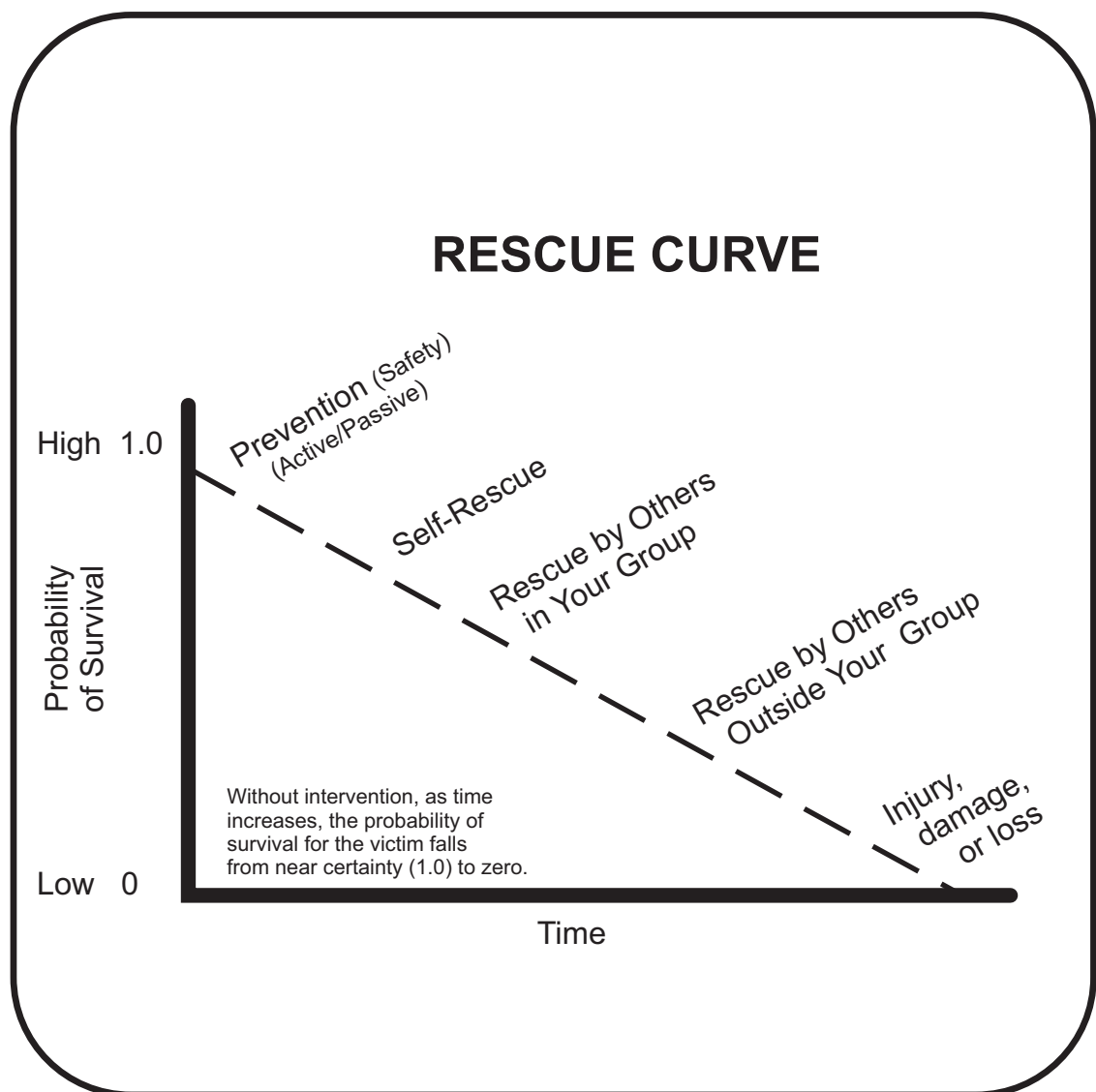
Swiftwater Rescue

Swiftwater Rescue

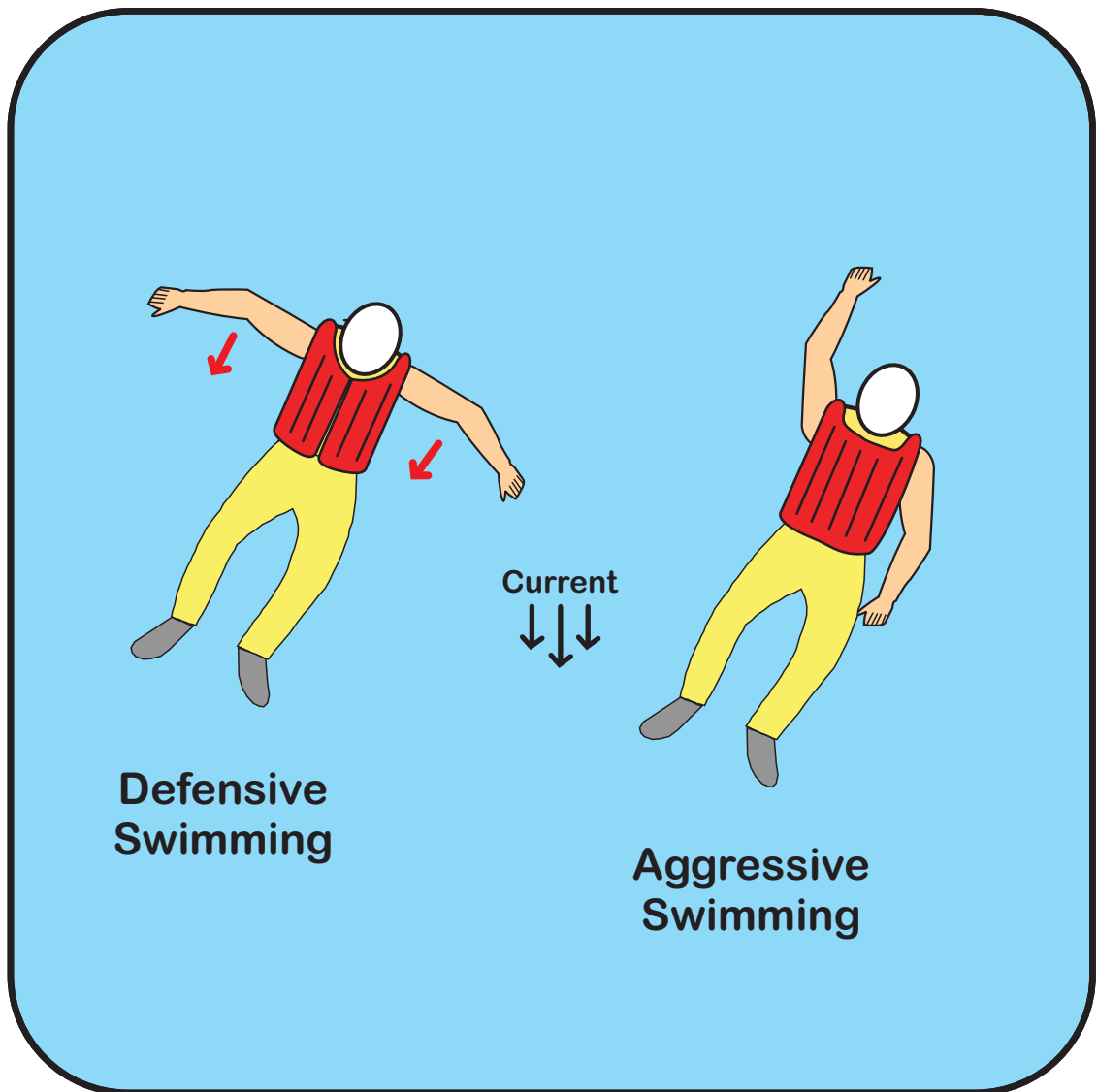
Swiftwater Rescue Instructor's Section: Teaching Notes



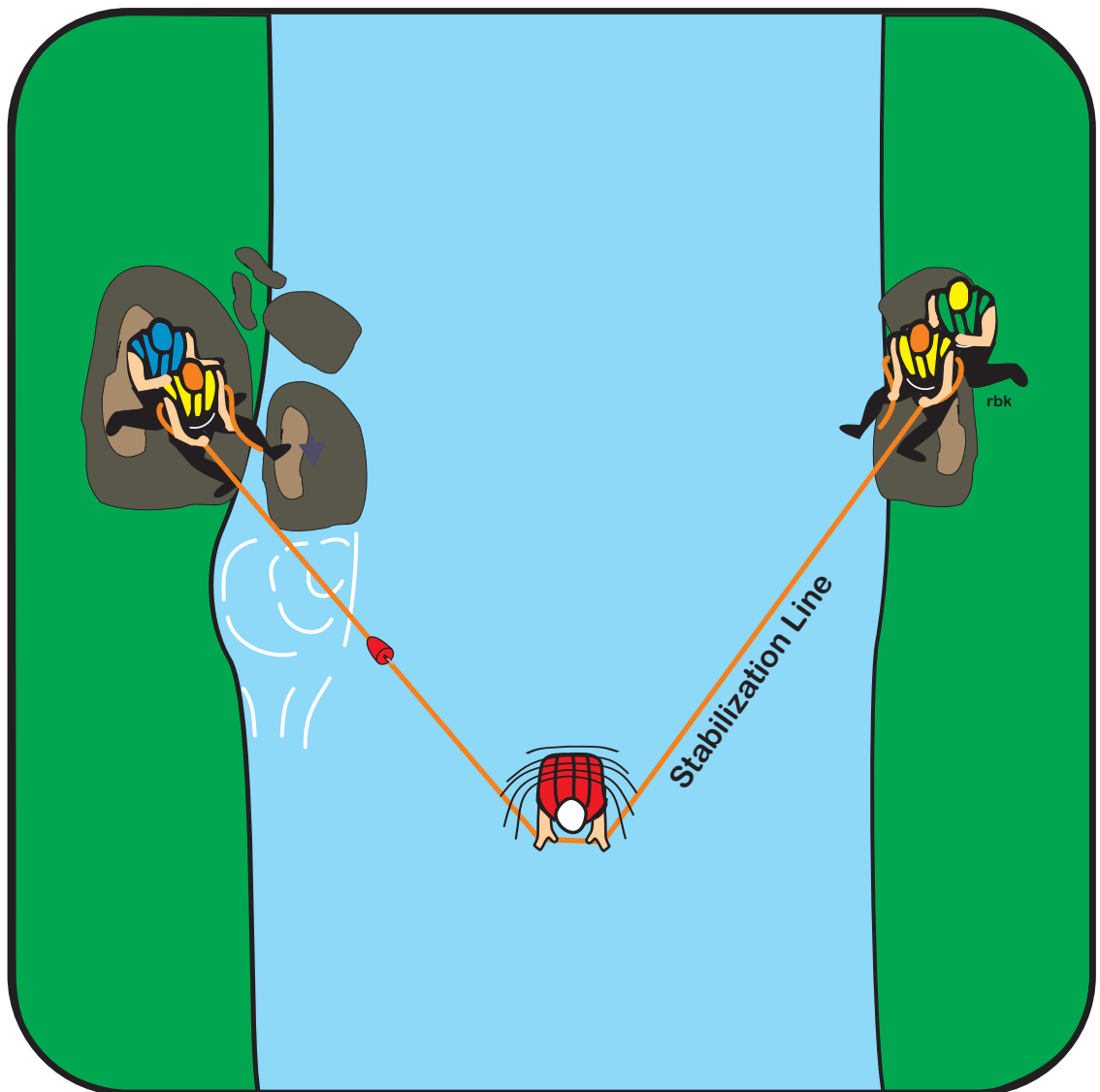
Chapter 1: Concepts and Philosophy of Rescue



Chapter 2: Wading, Swimming & Crossings

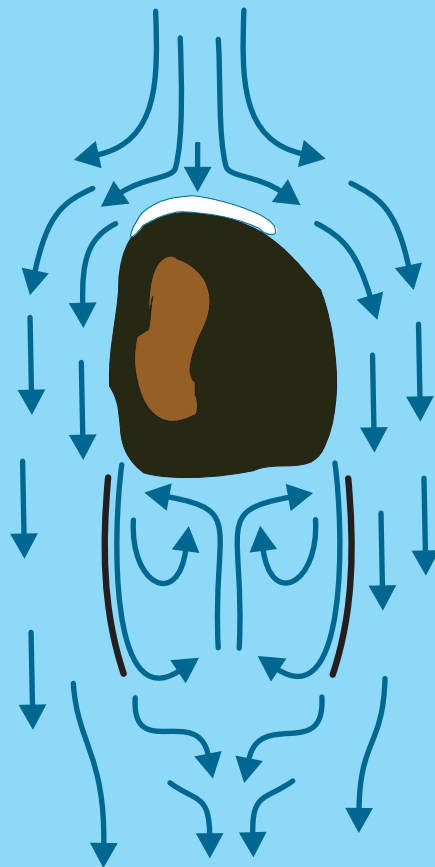


Chapter 3: Rope Rescues



Chapter 4: River Dynamics

Anatomy of an Eddy



Chapter 5: Knots, Hitches, & Bends

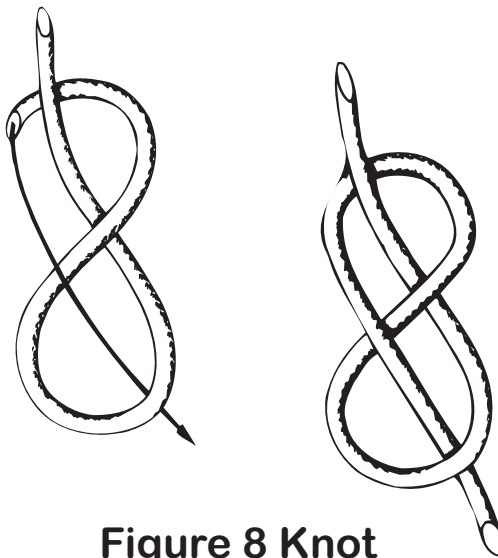
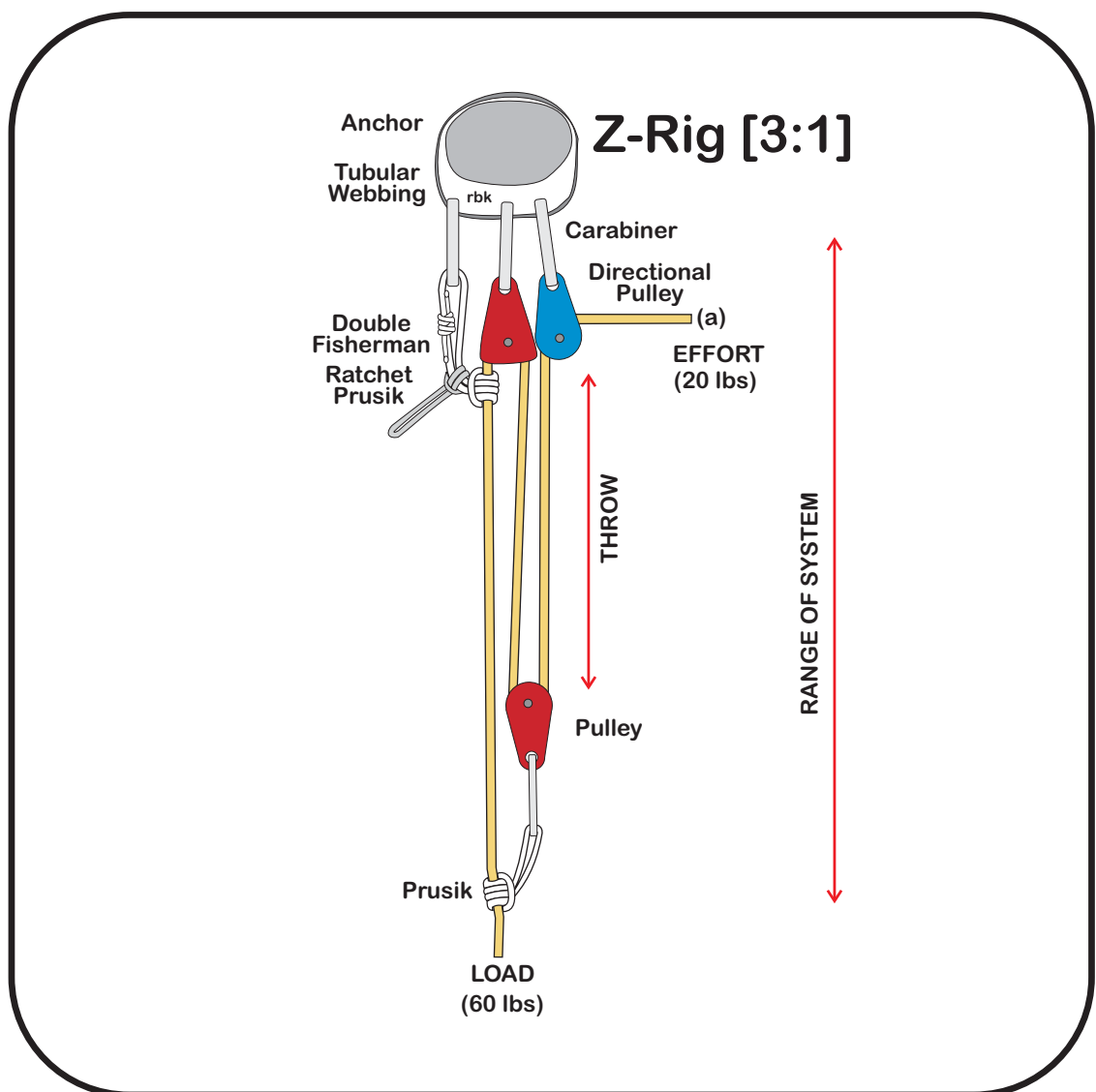


Figure 8 Knot

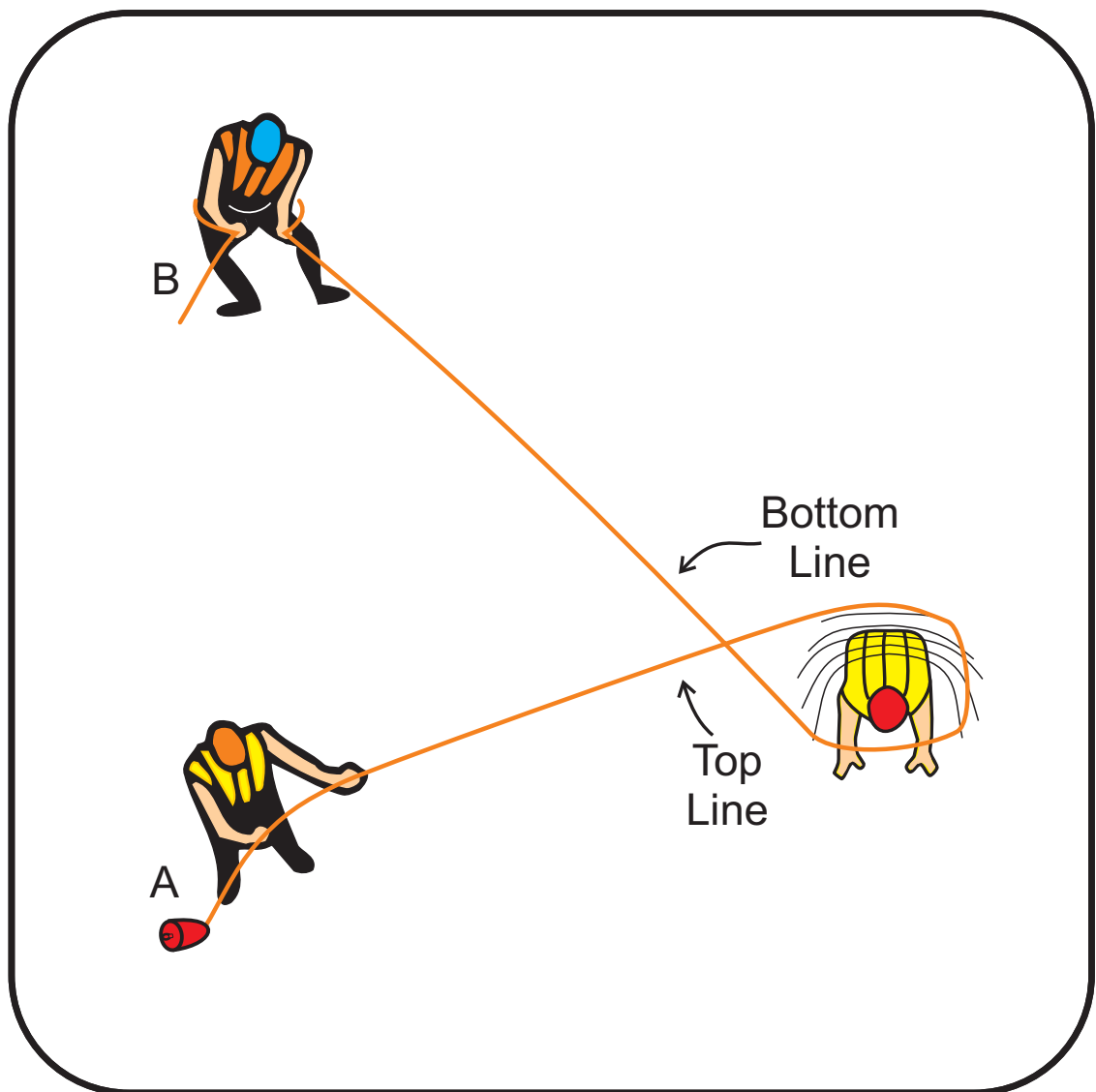
Chapter 6: Mechanical Advantage



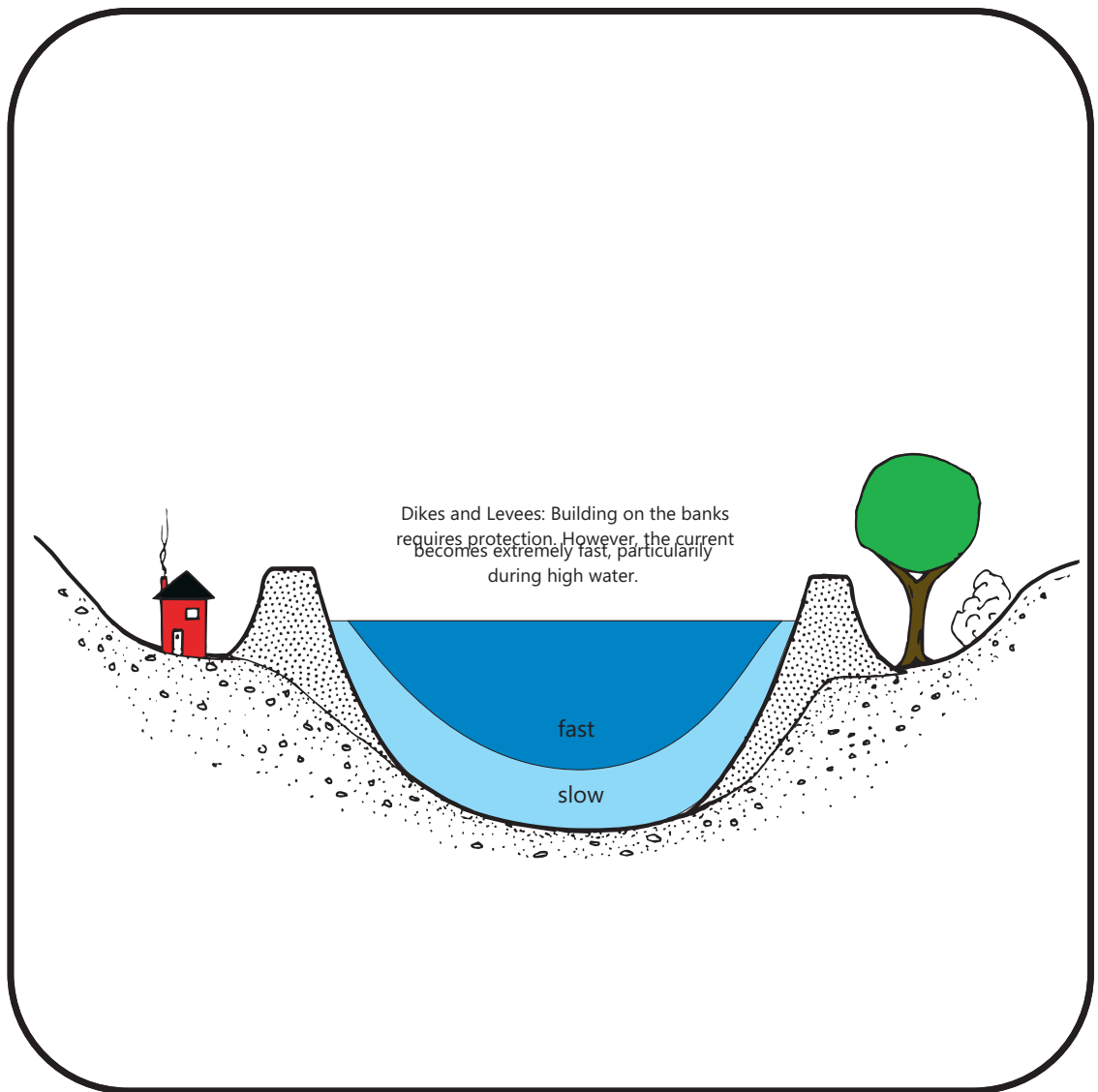
Section 7: Study Questions



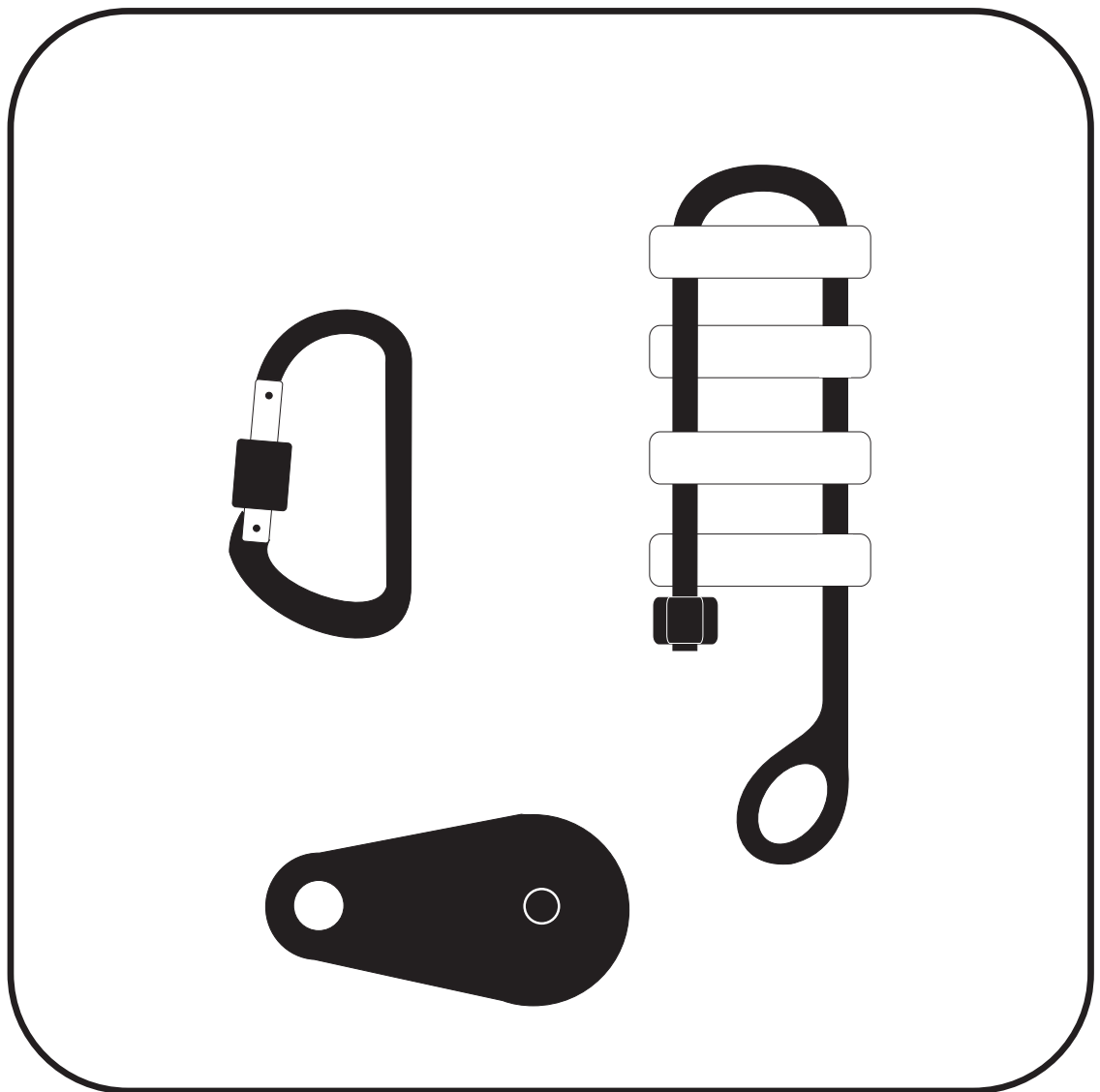
Section C: Rescue Techniques



Section D: River Dynamics



Section E: Equipment



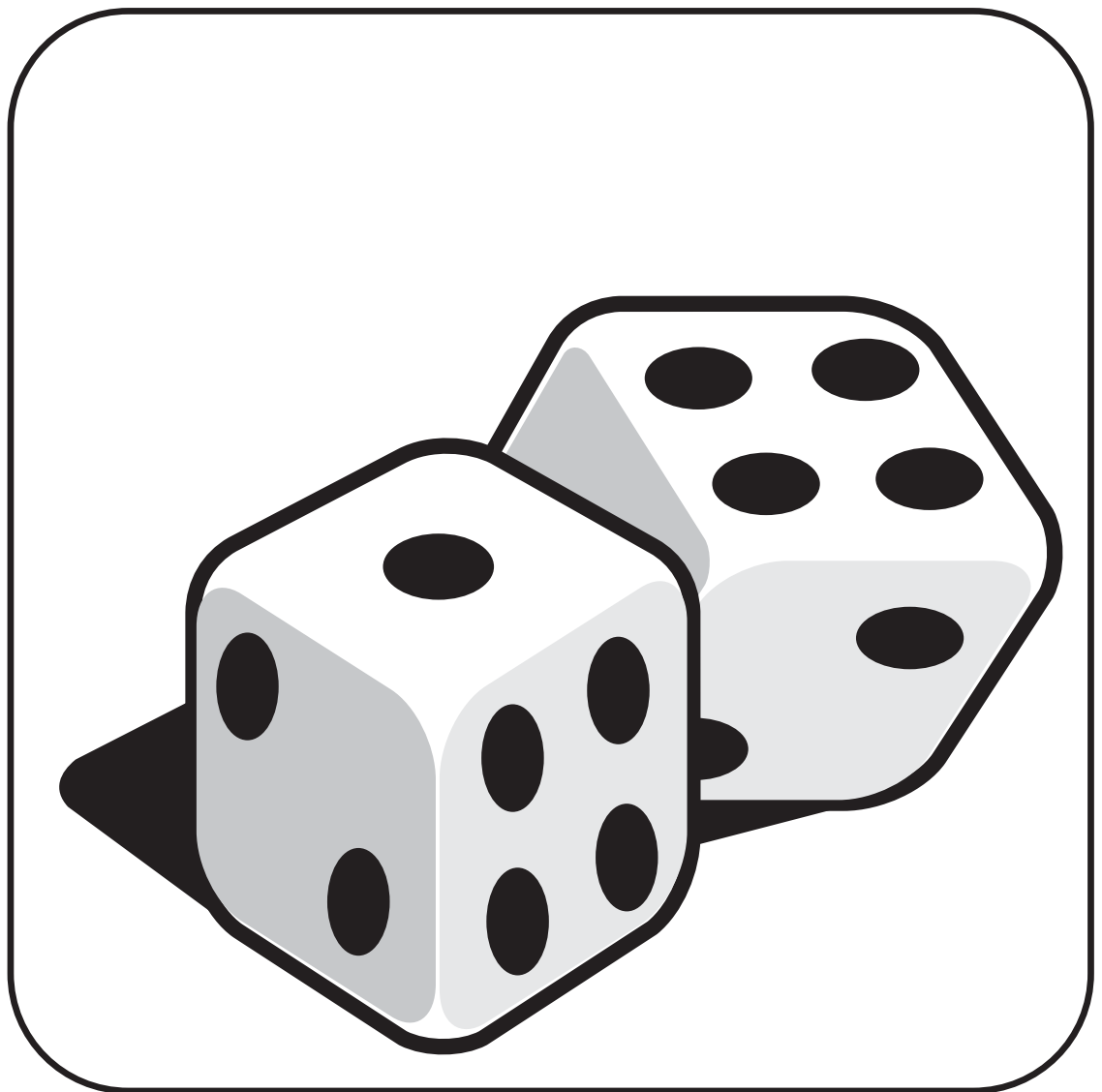
Section F: Study Questions



Section B: Physiology



Section C: Individual Risk Management



Swiftwater Rescue Instructor's Section: Teaching Notes

